



Name: _____



Disciple Packet 4 of 6 **Corporal Work of Mercy: Feed the Hungry**

Definition:

Everyone needs bodily food. We are to ensure that all people have what they need.

Examples:

Sharing your lunch with someone who has none. Make a meal for someone. Volunteering at local food pantry.

Explain what you did:

How did this help you grow?:

Read Tobit 4:5-11 Summarize what God told Tobit we each NEED to do::

Spiritual Work of Mercy: Pray for the Living and the Dead

Definition:

Pray for all souls either on earth or in purgatory. If one prays for the living, one is showing immediate mercy, humility, and selflessness that will surely be rewarded by a Wise God.

Example:

Participating in Mass on the anniversary of the death of a friend or family member. (Mass is the ultimate prayer.) Keeping in mind the intentions of others and/or the poor souls in purgatory.

Explain what you did:

How did this help you grow?:

Read Ephesians 6:18 What do you think it means to pray in the Spirit?

What can you do to pray more often and with more perseverance?



Capital Virtue: Humility



Definition:

Recognizes our 100% reliance on God for all that we have, or ever will have. Everything on earth is on loan from God, including our good looks, our money, our house, etc.

Which of the 7 Deadly Sins does Humility overcome? _____

Example:

I was complimented for being a good athlete and thanked my coach and parents rather than letting it go to my head.

Explain what you did:

How did this help you grow?:

Read Philippians 2:3-4 What is the opposite of selfishness?

Who is someone you see as an example of a humble person? Why?

Prayer Notes:

To grow in my relationship with Christ and His Church, I made a commitment to daily prayer.

My daily prayer is: _____

How has this been going?

What CAN you do to make it go better?

What WILL you do to improve?

YouCat & Bible Application:

Please discuss the following with your parent or sponsor.

* According to St. John Vianney and St. Augustine, only one thing can make man content and happy and that is _____ YCT p 166

Do you trust that you can find happiness in God?

If not, what would help you to trust God more?

* Read through the Eight Beatitudes (Matthew 5:3-12)

Which do you like the best? Why?

* Read YCT 291 Is a person capable of distinguishing good actions from bad ones? Yes No

* *There are three guidelines to distinguish good from bad actions:*

1. Action, 2. Intention, 3. Circumstances. YCT 292

- May we do something bad so that good can result from it? Yes No

- What is an example for this?

* Read YCT 300, What are the four cardinal virtues?

1. _____ 2. _____

3. _____ 4. _____

Which of these four do you think is the most important?

Which one do you need to work on the most?

* 1 John 1:8 "If we say we have no _____, we deceived ourselves, and _____ is not in us.

What has God given us as a means of restoring our relationship with Him when it is broken by sin?

_____ YCT 317

Make a plan to celebrate this sacrament in the next month together.

Sponsor Information

THE ROLE OF THE CONFIRMATION SPONSOR

Candidates for Confirmation, as for Baptism, fittingly seek the spiritual help of a *sponsor*. To emphasize the unity of the two sacraments, it is appropriate that this be one of the baptismal godparents. Although one of the Confirmation candidate's godparents is the ideal, this is not the only choice. (CCC 1311) Like the godparents chosen at Baptism, sponsors "must be firm believers, able and ready to help (the Confirmed) on the road of Christian life. Their task is a truly ecclesial function...bearing some responsibility for the development and safeguarding of the grace given at Baptism." (CCC 1255) Like parents and godparents, they share in the responsibility for the salvation of the young soul entrusted to them.

Because our life on earth is "a pilgrimage to the Father which takes place primarily in the heart" (Pope John Paul II, *The Trinity's Embrace*), the **sponsor should be** a Catholic who loves and lives his or her faith and continues to grow in the knowledge of the Catholic faith. This is evident in a person who spends time in daily prayer and frequent encounters with Jesus in the Sacraments of Penance and Holy Eucharist. Consequently, the sponsor's heart reflects the tender and affectionate love of the hearts of Jesus and Mary and the gifts of the Holy Spirit, providing a living example of joyful Christian life.

THIS IS TO CERTIFY THAT I _____, A REGISTERED
Sponsor's name

MEMBER OF _____
Parish name, City, State

ACCEPT THE INVITATION TO BE THE CONFIRMATION SPONSOR FOR

Candidate's name

In accepting this responsibility, I commit that the following statements are true.

- I am at least 16 years of age (unless dispensed by the pastor).*
- I have received the Sacraments of Baptism, Eucharist and Confirmation in the Catholic Church.*
- I am not married outside the Catholic Church.*
- I attend Mass regularly on Sundays and Holy Days of Obligation and receive the Sacraments of the Holy Eucharist and Penance (Confession) regularly.*
- I am not a parent of the Confirmation candidate.*

I understand and accept the responsibility which I undertake as a Sponsor and I promise to be a support and example that reflects the spirit and teaching of the Roman Catholic Church and I am prepared to assist the Candidate by my support, encouragement and prayer.

Sponsor's Signature

