



Name: \_\_\_\_\_



## **Disciple Packet 3 of 6**

### **Corporal Work of Mercy: Visit the Sick**

#### Definition:

Helping sick people we know well or not at all

#### Examples:

Running an errand for an elderly person. Reading to a sick person.

#### Explain what you did:

#### How did this help you grow?:

Read James 2:15-16 Summarize what James tells us we **should** do:

### **Spiritual Work of Mercy: Instruct the Ignorant**

#### Definition:

An act of love to help others to learn the truths of God to help them reach heaven.

#### Example:

Teaching CCD. Being honest with friends about the Truth in a kind way.

#### Explain what you did:

#### How did this help you grow?:

Read Colossians 3:16-17 In addition to teaching others the truth, Paul says you should sing with what in your heart?

Summarize what vs 17 tells us to do:



## **Capital Virtue: Meekness**

### Definition:

Meekness is the virtue that controls resentment at others, and cultivates patience. Through it we are able to remain patient under injury or insult. Angry outbursts at the smallest thing are characteristics of someone who does not have the virtue of meekness.

Which of the 7 Deadly Sins does Meekness overcome? \_\_\_\_\_

### Example:

Someone said something mean to me and I was able to just let it go.

Explain what you did:

How did this help you grow?:

Read Matthew 5:5 What does Jesus promise to those who are meek?

## **Prayer Notes:**

To grow in my relationship with Christ and His Church, I made a commitment to daily prayer.

My daily prayer is: \_\_\_\_\_

How has this been going?

What CAN you do to make it go better?

What WILL you do to improve?

## **YouCat & Bible Application:**

**Please discuss the following with your parent or sponsor.**

\* Sacraments are not magic.

A sacrament can be effective only if \_\_\_\_\_ . Sacraments not only presuppose faith, they also strengthen it and give expression to it. YCT 177

*What do you need to do to receive the grace God intends for you to receive?*

\* To be admitted for Confirmation, you must be in a state of \_\_\_\_\_ which means if you've committed a \_\_\_\_\_ sin, you need to go to \_\_\_\_\_ YCT 206

*Make a plan with your parent/sponsor to go to Confession soon—together. Write down the date.*

\* We can be sure our prayers are heard if \_\_\_\_\_ YCT 495

*What is the most difficult part of trusting in Jesus?*

*On a scale of 1-10 (10 being best), how well do you trust God?*

*It is natural not to trust someone we don't know well. So, what are some things you can do to better know God?*

\* It is very important for us to pray \_\_\_\_\_ ... But it is also important for us to visit \_\_\_\_\_ . YCT 498

*Share some examples of experiences in both of the above settings.*

\* Someone who does not pray regularly will soon not \_\_\_\_\_ YCT 499

*How often should you pray?*

*How often do you pray?*

Read the difference between vocal, meditative and contemplative prayer. YCT 501-503.

*Which form sounds the best for you? Why?*



