

Faith Facts Study Guide – grade 3

Students in third grade will be tested orally for prayers mid-year.

Prayers

Apostles' Creed

I believe in God, the Father almighty, Creator of heaven and earth, and in Jesus Christ, his only Son, our Lord, who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died and was buried.

He descended into hell. On the third day he rose again from the dead; He ascended into heaven, and is seated at the right hand of God the Father almighty; from there he will come to judge the living and the dead.

I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen

Before Meal Prayer

Bless us O Lord and these Thy gifts, which we are about to receive, from Thy bounty, through Christ our Lord. Amen

Name the 7 Sacraments

- Baptism
- Reconciliation
- Holy Communion/Eucharist
- Confirmation
- Marriage
- Holy Orders
- Anointing of the Sick

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These are the main points which are on the written test.

- ✚ God gave us the bible
- ✚ There are 73 books in the bible
- ✚ The bible has 2 parts the Old Testament and the New Testament
- ✚ There 4 gospels (Matthew, Mark, Luke, John) in the New Testament

- God created us in His image and likeness
 - He created us because he loves us
 - He created us to know Him, love Him and serve Him so we can be happy with Him in heaven
- God is perfect and He can do anything
- God has always **existed**
- The three persons of the Holy Trinity include God the Father, Son and Holy Spirit
- Prayer is talking with and listening to God
 - We should pray to God every day
- Sin is when we disobey God
 - Original Sin was committed by Adam and Eve
 - We receive original sin
- When we are baptized, original sin is taken away by God's grace
- We are able to go to heaven because Jesus paid the price for our sins by suffering and dying on the cross
- Adam and Eve were the first people God created
- **Noah** built an ark because God told him to and this saved his family from the flood
- God tested Abraham by asking him to sacrifice his beloved son Isaac
- **Moses**
 - God spoke to Moses through the burning bush
 - God sent the plagues to Egypt to show that He is the true God
 - God gave Moses the 10 Commandments on Mt Sinai

10 Commandments

1. I am the Lord your God, you shall not have strange gods before me.
2. You shall not take the name of the Lord your God in vain.
3. Remember to keep Holy the Lord's Day.
4. Honor your father and mother.
5. You shall not kill.
6. You shall not commit adultery.
7. You shall not steal.
8. You shall not bear false witness against your neighbor. (Do not lie)
9. You shall not covet your neighbor's wife.
10. You shall not covet your neighbor's goods.
 - To covet means to want something that is not yours

- Sin is committed in four ways
 - by our actions
 - by our words
 - by our thoughts
 - by what we should do but don't (what we fail to do)
- There are two types of sin
 - **Mortal** Sin – is serious sin that kills grace in our soul (big sin)
 - **Venial** Sin – is a small sin that is less serious
- We go to the sacrament of **Reconciliation** (or Penance) to tell Jesus we are sorry for our sins. This is also called confession.
- The steps to make a good confession are:
 1. **know** my sins (examination of conscience)
 2. **be sorry** for my sins
 3. make up my mind **not to sin again**
 4. **tell my sins to the priest** in confession
 5. do the **penance** the priest gives me
- Mary was the mother of Jesus
- **Mary** was born without Original Sin
- Jesus was born in a stable in Bethlehem
 - Epiphany is when the Three Wise Men came to see Jesus
- When Jesus grows up, **John the Baptist** baptizes Jesus in the Jordan River
- Jesus teaches the people the Good News that God loves them
- Jesus performed miracles to show us he was the son of God
- **Faith** is believing something about God even when we don't understand it. It is a virtue.

- At the Last Supper, Jesus changed the bread and wine into His Body and Blood
 - Jesus gave his apostles the power to do change the bread and wine into the body and blood. This has been passed down to our bishops and priests
 - Jesus is truly present in the Holy Eucharist
 - the Last Supper was the first Mass
- We receive the special gift of Jesus in the Eucharist (Holy Communion) every time we go to Mass
 - We are supposed to go to Mass every Sunday
- Jesus suffered and sacrificed Himself on the cross for our sins on Good Friday
 - He opened heaven back up for us
- The Stations of the Cross are a prayer in which we think about the suffering and death of Jesus
- We get to receive Jesus in Holy Eucharist during Mass
 - **Consecration** is the part of Mass when the priest changes the bread and wine into the body and blood of Jesus
 - the Holy Eucharist contains the body, blood, soul and divinity of Jesus in the form of bread and wine
- Things to remember before receiving the Holy Eucharist (Jesus)
 - **Fast for one hour** prior to receiving Jesus – this means no food, drinks or gum
 - water or medicine are OK
 - **Go to confession** if we have committed mortal sin – it is a good practice to go to confession regularly even for venial sins
 - **think about Jesus** before receiving Him - remember that it IS truly Jesus
- Things to remember to do *after* receiving the Holy Eucharist
 - close your eyes and focus on Jesus – not on other people in church
 - **thank Jesus** for coming to you
 - tell Jesus you love him
 - ask for his help for you and others
- Jesus rose from the dead on Easter Sunday
- Jesus started the Church
- **Peter** was our first Pope (the head of the Church)
 - **Pope Francis** is our pope today
- 40 days after Jesus rose from the dead, he went back to heaven
 - this is called the Ascension

- Pentecost is when the Holy Spirit came to the Apostles
 - this happened 10 days after Ascension
- The Blessed Trinity is God the Father, God the Son and God the Holy Spirit
- God has always existed and always will exist (he will never die)
- We should forgive others as Jesus forgives us
- The sacraments give us **grace**
- Students in third grade should also know: the Sign of the Cross, Glory Be, Angel of God, Hail Mary, Our Father and Act of Contrition. These prayers are from previous years.

Virtues - A virtue is a firm habit to do good!

Hope **Hope** is the grace of trusting God' plan. To totally trust in Jesus.
St. John Vianney is a saintly example of hope!

Charity **Charity** is a Love of God and Love of Neighbor
St. Mother Teresa of Calcutta is one example of charity!

Faith **Faith** is the grace of believing in God's love for us and in His
revealed truths
St. Joseph is a saintly example of faith!